



Divine Empowerment coaching

COACHING YOUR WAY



COACHING

There are many reasons people take coaching, but the most important reason is their seeking Direction in an area of their life.



WHAT IS COACHING

Definition: Coaching is a process that aims to improve performance and focuses on the 'here and now' rather than on the distant past or future.



KEY POINTS:

Partnership between coach and client
Goal-oriented and action-focused
Encourages self-discovery and personal growth

A graphic featuring a white silhouette of a person's head and shoulders against a blue background with a grid pattern. Overlaid on the silhouette is the text 'DEVELOPMENT', 'KNOWLEDGE', 'LEARNING', 'TRAINING', and 'COACHING' in a bold, white, sans-serif font, stacked vertically.

DEVELOPMENT
KNOWLEDGE
LEARNING
TRAINING
COACHING

TYPES OF COACHING

Life Coaching: Helps individuals achieve personal goals and improve their quality of life.

Executive Coaching: Focuses on leadership development and professional growth.

Career Coaching: Assists with career planning and job search strategies.

Health and Wellness Coaching: Supports individuals in achieving health-related goals.